

Chebrolu Hanumaiah Institute of Pharmaceutical Sciences National Service Scheme (NSS)



Chandramoulipuram, Chowdavaram, Guntur – 522019, Andhra Pradesh.
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Brief Report on International Day of Yoga

NSS UNIT of this institute observed International Day of Yoga as festival of Yoga on 21-06-2020. The World Health Organization mentioned yoga as a means to improve health in its Global Action Plan on Physical Activity: More active people for a healthier world. On this occasion both teaching and non-teaching staff were attended for yoga session by following COVID-19 instructions. Sri. P. Venkateswarlu from Sanjeevani Yoga and Nature Cure Hospital, Kotappakonda, acted as yoga trainer for the session. A few pictures are enclosed. This is for your kind information and perusal.

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